2025-2026

MADARAO

RESTAURANT & SHOP GUIDE









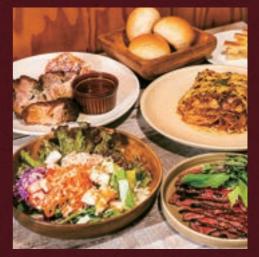






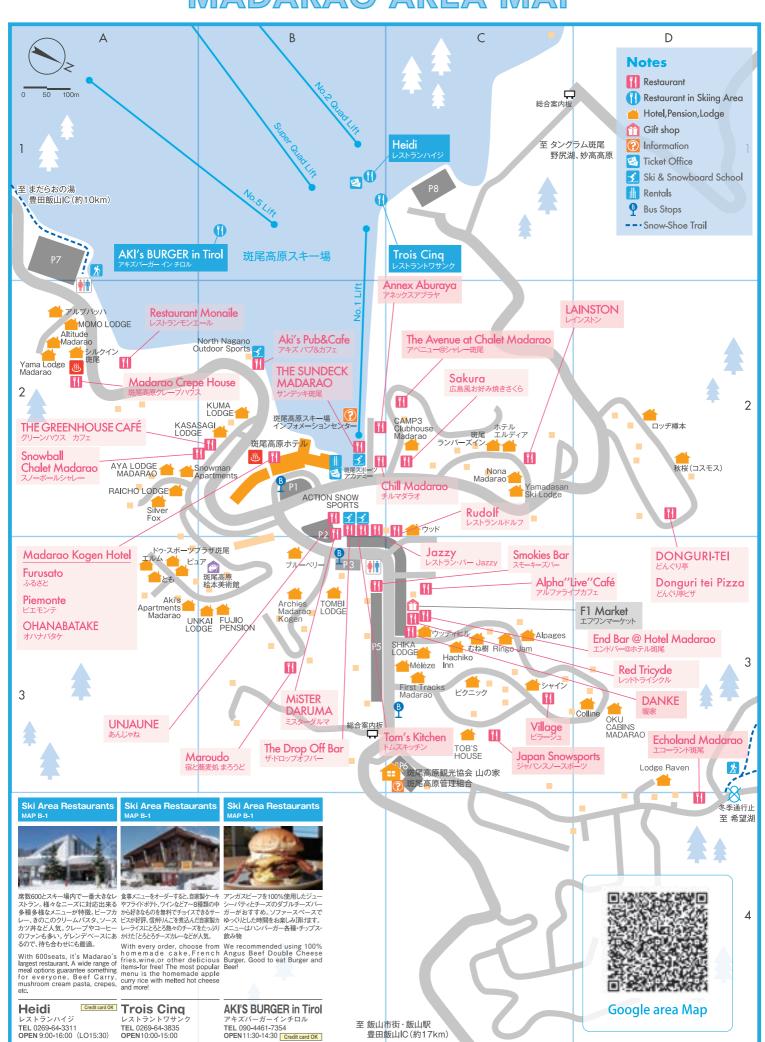


RESTAURANT GUIDE





MADARAO AREA MAP



Restaurant&Bar

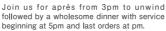
The Avenue at Chalet Madarao

アベニュー@シャレー斑尾

TEL 080-1155-4783 with Line and WhatsApp **OPEN** 3pm to late

Credit card OK Reservation is possible

Great coffee, lunch on the deck . après from 3pm and dinner from 5 - 9pm



The Avenue at Chalet Madarao has a relaxed atmosphere and offers an extensive range of drinks great food. The menu includes vegan, vegetarian and

gluten free options. Most main dishes come in large or small servings.

For mains we offer parmis, pasta, curries, stir fry, nabe and nachos.

Drop in with the family or your mates for a range of games or to use the pool table



THE SUNDECK MADARAO

サンデッキ斑尾 OPEN 9:00-19:00



A snowballs throw from the no 1 lift, Sundeck hosts a bustling après scene with an array of live musicians and DJ performances that spill out and resonate onto the cosy wooden deck in full view of the mountains glory. Start your morning right with our range of wholesome early-bird breakfast specials. freshly baked goods and barista coffee. If you need to seek refuge from sinking in the powder, come sink some drinks instead. Grab a big bite and kick up the heels.

MAP C-3







Alpha "Live Café"

アルファライブカフュ

TEL 080-9540-9918

OPEN Lunch 11:30 - 2:30 Dinner: 5:00 - 8:30 with last orders 8:00 - Party



Restaurant&Bar

Alpha "Live Café" is a place to relax in a warm and friendly atmosphere for lunch and dinner. We have great coffee and serve a mixture of cuisine from around the world including Thai, Italian and of course Japanese Izakaya and more. You can find your favourite drinks plus local craft beer and popular Japanese beer here at the bar. The spacious and cozy dining room has a big TV screen which you can enjoy cool ski/snowboarding videos, etc. The owner of "Live Café" Pete, is from Australia and is also a musician. He does gigs himself/with other musicians occasionally and it might be a lucky night to see them perform for you, and if you are into Karaoke we have it all. There are instruments as well so if you are a musician, you are welcome and can also join in the gigt ALC surely brings you an uplifting vibe and you will have a great time! See you at ALC, お待ちしています! Omachi-shiteimas! ありがとう! Arigato!



OHANABATAKE 斑尾高原ホテル店 オハナバタケ斑尾高原ホテル店 Credit card OK TEL 080-6173-7842

OPEN 7:00~10:00, 16:00~23:00

Hot Sand Café & Bar

ここでしか味わえない自家製ホットサンド!名物の玉 子サンドはふわとろでボリューム満点!朝はお得な モーニング SET をご提供。夜はバータイムで様々 なお酒とフードをご用意いたしております。

Enjoy our homemade hot sandwiches available only here! Our signature egg sandwich is fluffy, melty, and generously sized. In the morning, we offer a great-value Morning Set. At night, we turn into a bar, serving a variety of drinks and



End bar @ Hotel Madarao エンドバー@ホテル斑尾

080-9565-1259 OPEN 16:00 ~ till late Happy hour 17~18:00, 21~22:00

Café Bar&Food

午後からはウェスタンスタイルの美味しい食事とお 手頃価格なお酒をどうぞ。心地よいウッドキャビン に包まれたエンドバーで、ライブ音楽を聴きながら滑 り疲れた身体を癒しましょう。

Relax into the afternoon with live music; hot comforting meals and cheap drinks. With the atmosphere of a cosy wood cabin, End Bar is the perfect way to unwind and socialise after a hard day's shred.Come join us for some Shot-ski, Jäger trains and weekly competitions. "What a way to end the day" Pizza / Burger / Bar Snacks / Mains from



FURUSATO by Rudolf ふるさと by ルドルフ

OPEN 10:00~22:00 Lunch 11:00~14:00 (Food Last order) Dinner 17:30~20:30 (Food Last order

Japanese Restaurant, Cafe&Bar MAP

リニューアルOPEN! 2025/26シーズンはレスト ランルドルフが運営します。ランチやディナーだけで なく、カフェやバーとしてもご利用下さい。団体利用 可能です。詳細はQRコードよりご覧ください。

Produced by Rudolf and reopened! We offer a TEISHOKU for lunch and a Hot pot and Japanese GOZEN for dinner. You can also take out drinks. about draft beer in your room? KANPAI!!

lease read the QR code for the menu-

予約はメールからのみ可能 furusato.madarao@gmail.com



Jazzy Reservation is possible レストラン・バー Jazzy TEL 0269-64-3767 **OPEN** 17:30-21:00 Closed irreg.

Steak, Curry, Yakitori

ジャズが聞こえるカジュアルレストラン・バー。英語 は得意ではありませんが、ワイン・ウィスキー・ビー ルと多彩なフードメニューはリーズナブルな価格で 美味しいと人気です。お会計は現金のみです。当日 予約は可能です。

Payment is cash only. Reservations will be made on the same day only and will be closed on irregular days. I'm not good at English, Wine. whiskey, beer and various food menus are popular at reasonable prices and delicious. A casual restaurant / bar where you can hear jazz.



DANKE 暖家 OPEN 不定期





Bar MAP C-3

2年ぶり帰ってくる! 雪山のダーツバー 党業日, 党業時間は不定期です。 Instagram をご確認下さい。 @madarao.danke

We're back! Darts bar in MADARAO. We may only be open once in a while! Please read the QR code and check it.



Smokies Bar スモーキーズバ

OPEN 4pm til late



Fun times as always at Smokies Bar!

Bar&Food

This season we will be serving up nourishing and delicious meals at Smokies Food Safari for our POW visitors each evening. Bookings are much appreciated through our Instagram. Sri Lankan chicken Curry and Miso sesame fries are house staples plus a revolving menu of wholesome goodness and Japanese classics. Apres' Ski (Happy Hour) from four. Open til late.

Open mic/ trivia nights and DJs after 10pm.
Look out for announcements.
Check out our Instagram for more.

Souvenir shop

The Drop Off Bar

ザ・ドロップオフバー TEL 080-9540-9918 Reservation is possible OPEN 8:30 - every day - Till Late

Café Bar&Food MAP B-2

The Drop Off Bar is a cosy, warm little Bar-Restaurant, offering Thai, Italian & Mexican meals along with our tasty Izakaya share plates, yummy Aussie meat pies & Panini. We have been a favourite haunt for diners to enjoy their snowy holiday meals since 2017. Offering lunch and dinner, the coldest Asahi beer, Chu Hai & Nikka highball on tap along with a great range of spirits and wines. Located right in the heart of Restaurant Street. We also have seating upstairs.

upstairs. Action Snow Sports share the building throughout the day for ski and snowboard



F-1 Market エフワンマーケット TEL 0269-64-3003 **OPEN** 10:00-21:00

Credit card OK

メイン诵りに建つお土産店。斑尾高原のオリジナル 商品を多数取り揃えている(Tシャツ、バンダナ、手 ぬぐい、マグカップ、キーホルダー、暖簾、ステッカー 等)。冬季のみコンビニもオープン。

A souvenir shop to be built on the main street.Madarao original items are available in large numbers.(T-shirt, bandana, towel, mug, key ring, goodwill, sticker etc.) Convenience stores open only in winter.



Japanese Barbecue, Shabu-shabu

DONGURI-TEI

Madarao Wagyu restaurant どんぐり亭

TEL 0269-64-3751 OPEN 5:00pm-9:00pm (12/20 OPEN)

Nestled in the snowy mountains of Madarao, DONGURITEI offers a warm Japanese dining experience centered around charcoal-grilled BBQ, shabu-shabu, and seasonal Wagyu dishes. Our signature Premium BBQ Course features carefully selected Wagyu, seasoned chicken, and local vegetables, all grilled over an irori charcoal hearth for an authentic flavor. Guests may also reserve extra Chateaubriand as a special add-on to any BBQ course

For those who prefer hot-pot dining, our Shabu-Shabu Course showcases lean and marbled Wagyu, Shinshu pork, and local mushrooms in a comforting broth. Vegetarian options are available for both BBQ and shabu-shabu courses.

We also serve a limited Wagyu Hamburg Steak, made with 100% coarse-ground Wagyu-one of Japan's most beloved comfort foods.

For a truly elevated experience, the KIWAMI Course presents premium cuts including Chateaubriand, Zabuton, and Uchi-Harami, accompanied by kama-cooked rice and seasonal sides Free shuttle service is available from Madarao hotels in winter

Reservations are required for yakiniku and shabu-shabu courses and we recommend making a reservation for hamburger steaks

Price dinner

Pick-up service

- -Premium Wagyu beef BBQ Course: 6600 ven (Kid 5500ven)
- -Domestic Beef BBQ Course : 4500 yen (Kid 3500 yen) -Premium Wagyu beef Shabu-Shabu Course : 5500 ven (Kid 4500ven)
- -Domestic Beef & Pork Shabu-Shabu Course: 4500 yen (Kid

3500 yen) -Special course "KIWAMI": 14000 yen

-Wagyu Hamburg Steak: From 2,200 yen

Website: https://donguritei.net/en/

View the menu and make reservations here.

Phone: 0269-64-3751











Cafe, Bar, Pizza

Aki's Pub & Café

アキズ パブ&カフェ TEL 090-4461-7354

OPEN 9:00-17:00 本格的なエスプレッソマシンによる、美味しいコーヒー を提供。ランチメニュー:ピザ各種、チップス、フライド

チキン。日中はスクール・ツアーのオフィスになる。

Credit card OK

We have Espresso machine you can drink Great Coffee here, Lunch menu: Pizza Coffee/ Hot chocolate







Japanese food, Restaurant

Restaurant Monaile

レストランモンエール

TEL 080-5407-4770 OPEN 10:00~14:00、18:00~21:00

日替わり夕食 和食会席料理は要予約。 当日は3pm までご連絡を下さい。 和食会席 10品¥6000 和食会席は日替わりでお出しいたします。 ドライカレー(デザート付)¥2000 ピラフ(デザート付)¥2000 シーフードスープパスタ(デザ -ト付)¥2000 ミートソースパスタ(デザート付) クリームあんみつ¥800 クロワッサンアイスクリーム¥500

Japanese food set Daily special Reservation made by 3pm on the day.







Chill Madarao

TEL 0269-67-0470 OPEN 8am - Late

(Dinner from5:30pm; L.O. 8:30pm)

Reservation is possible

Café · Bar · Restaurant

Whether for your morning coffee, apres ski cocktails, or a delicious dinner, Chill Madarao has you covered. Perfectly located by the top of the No.1 lift, our baristas are serving Single-O coffee and treats from 8am. From Single-O comee and treats from Sam. From Sam. From Sam, relax in our lounges as our bartenders deliver artisan cocktails using the freshest ingredients and premium spirits. In the evening, our kitchen utilises local seasonal produce to create a range of sumptuous tichen bishilabetis using lessons flowers. dishes highlighting unique Japanese flavours. with plenty of options to suit various dietary requirements. Friendly service in a relaxed atmosphere, it's the perfect place to "Chill".



Donguri tei Pizza どんぐり亭ピサ

TEL 0269-64-3751 OPEN 5:00pm-8:00pm Saturday only



Every Saturday, DONGURITEI offers freshly baked wood-fired pizzas from 5:00pm to 8:00pm, Enjoy classics like Margherita. Smoked Salmon, and other seasonal selections, available for both dine-in and takeout.

Advance reservations are recommended and can be made by phone or via our website.

Beer and wine are also available, making it the perfect casual weekend treat in Madarao.



Piemonte

斑尾高原ホテル ピエモンテ OPEN 7:00-9:00 · 18:00-20:30 Closed irreg.

Buffet style MAP B-2

四季の素材を活かした和洋中のビュッフェが人気の斑 尾高原ホテル・メインレストラン「ピエモンテ」。信州なら ではの郷土料理も味わうことが出来る。ご利用には前 日の予約の方がスムーズです。朝食は2.500円。夕食 は6,000円。どちらもソフトドリンク飲み放題付き。

Piemonté, the main restaurant of Madarao Kogen Hotel, is known for its popular buffet featuring Japanese, Western, and Chinese dishes made with seasonal ingredients. Guests can also enjoy local specialties unique to the Shinshu region. We recommend making a reservation by the day before for a smooth dining experience. Breakfast: ¥2,500 Dinner: ¥6,000

Soft drinks are included with both breakfast and dinner



OPEN 7:00 ~ 21:00 L.O.20:30

THE GREENHOUSE CAFÉ グリーンハウス カフェ TEL 0269-67-0374

Sushi, Pub, Cuisine, Cafe MAP B-2

THE GREENHOUSE CAFEは、今年もシェフABEの 評判の手作り寿司、餃子、バーガー、日本酒クラフト ビール、エスプレッソコーヒー等、美味しい日本、オ ーストラリア料理をお楽しみください。

THE GREENHOUSE CAFE in Madarao Mountain Lodge Japanese Izakaya Style dining, Modern Australian Pub cuisine, Espresso Coffee, Craft Beer, The best food from Japan and Australia.











Local Ingredients & Course Dining

Village ビラージュ

by Madarao Vacances Village

TEL 070-8972-4877 OPEN 17:00~22:00 (food L.O 21:00, drink L.O 21:30). Open from 12/20 to2/28

「Village」は、冬の山でみんなが集える"たまり場"。 思いっきり滑って、たくさん笑って、おいしく食べて、 ゆったり休む。

肉料理・魚料理の2つのコースに加えて、地元食材を 使った5種類の日替わりスペシャルメニューをご用意。

お子様メニューもあるので、ファミリーやグループにも ぴったり! 予約なしで来店可能。予約も承っていま す。

"Village" is your winter hangout in the mountains. Ski hard, laugh loud, eat well, relax deep.

Choose from two hearty courses - meat or fish plus 5 types of daily local specials

Kids' meals available - great for families & groups. Walk-ins welcome, reservations accepted. Guests, locals, first-timers, friends - everyone's











お席のご手的はこちらから1 Reserve your seat here!



Gyoza, Ramen, Sukiyaki, and Pasta

Credit card OK

Echoland Madarao

エコーランド斑尾 TEL 080-4806-9348 OPEN 18:00-23:00

(L.O. 20:30 for food, 22:30 for drinks)

シェフについて

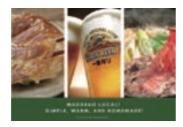
Echoはシェフになる前、ピアノの先生をしていました。彼 女にとって、音楽も料理も「心を温めるための表現」です。 長野と新潟の山の恵みを旬の食材として取り入れ、それ ぞれの素材が持つ声を大切に、丁寧に仕上げています。 派手さはないけれど、雪のあとに響く静かなメロディーのよ うに、やさしく心に残る料理です。

www.echoland.jp

About the Chef

Before Echo began cooking, she was a piano teacher. She believes that music and food share the same purpose — to bring warmth to the heart. Using seasonal ingredients from the mountains of Nagano and Niigata, she lets each ingredient speak in its natural voice. Her dishes are simple, gentle, and comforting - like a quiet melody after a day in the snow www.echoland.jp





Japanese food, Sukiyaki (Chicken & Poke)

Maroudo

宿と蕎麦処 まろうど TEL 0269-64-3768

OPEN 18:00-21:00(2025/12/20~2026/3/20) 要予約(受付はご利用日の7日前から 前日午前中まで

心が和む和食ダイニングです。ベジタリアン、グルテンフ リーのお客様には別途食材と調味料をご用意していま す。美味しい笑顔が広がるメインの「鶏肉と豚肉のすき 焼き」はお子さまにも食べやすく、セットメニューのちらし 寿司は海苔を巻いて手巻き寿司としても楽しめます。 人前 5,500 円 12歳以下は 3,000 円

A Japanese dining room where you can relax Separate ingredients and seasonings are available for vegetarian and gluten-free costomers

"Chicken & Pork Sukiyaki" is a popular menu that is easy for children to eat,

and the "Chirashi sushi " from the set can also be wrapped in seaweed and enjoyed as hand-rolled sushi.

Price includes tax: 5500 yen for adults: 3000 yen for children under 12 vears old.







MISTER DARUMA Credit card OK TEL 080-7368-0287 OPEN Open from 15:30 till late

Restaurant&Bar MAP B-2

おいしい自慢の居酒屋料理や冷たいビール、地酒・ カクテルはいかがですか?最高の雰囲気の中、夜更 けまで音楽とおいしいお酒をお楽しみいただけます。

Hungry for delicious Japanese classics and Hungry for delicious Japanese classics and more? Come join us for Apres, Dinner and Late night boogie. Great selection of drinks with local sake, Japanese spirits and specialty cocktails. Plenty of options if you have dietary requirements. Cozy vibes with vinyl spinning on the decks all night. Check out our instagram for booking links (Through google form), happy hours, live events and DJ nights.



Reser TEL 0269-64-3153 (Japanese speaking only) OPEN 17:30~20:30Lo (不定休)

Pizza, Japanese MAP C-2

営業25年目。標高1000mの薪窯ピザ屋。斑尾の水で練り上げ た生地に自家製トマトソースを使ったピザがオススメ。ピザ ¥1870~、サイドメニュー¥500~。ドリンクや手作りデザートも 豊富。ご予約はホームページへ。※今年の冬シーズンはランチ タイムの営業を行いません。営業時間は17:30~21:00です。

25th year in business. A wood-fired pizza shop located at an altitude of 1000m. We recommend the pizza made with homemade tomato sauce made with Madarao water. Pizza starts from ¥1870, side menus start from ¥500, and there are plenty of drinks and homemade desserts. We will not be open for lunch this winter season. Business hours are 17:30-21:00.



UNJAUNE あんじゃわ OPEN 11:00-Late Night

Credit card OK

Burger,Bar MAP B-2

「The BURGER BAR」 にこだわり尽くした食材での ハンバーガーが味わえる。お客様への心地良い空間 づくりをスタッフ一同いつも考えています。ランチから ナイトライフまで、あなたの斑尾トリップでの最高の 場所の一つになるよう努めます。

Madarao's premier burger bar serving the biggest gournet burgers made with only the freshest of ingredients! All are hand crafted down to our house made patties and sauces. Vegetarian, pescatarian and vegan options available, all this is accompanied by the tastiest drinks in a fam friendly environment. From 9 the lights go down and the music goes up! So join us for a night of amazing food and a drinking game or two! See you soon party people!



Madarao Crepe House 斑尾高原クレープハウス **OPEN** 11:00 ~ 17:00

Crepe MAP A-2

"クレープは、おいしい手作り"をモットーに信州産の 小麦粉を使い、生クリームやフレッシュフルーツ、 自家製ケーキなどをトッピングしてお作りします。 焼きたての香ばしさが漂う、そば粉のクレープも おすすめです。

Our crepes are made with flour from Shinshu and topped with fresh cream, fresh fruit, and homemade cakes, with the motto of "delicious handmade."We also recommend the buckwheat crepes, which have a freshly baked aroma.

Restaurant and Bar MAP C-3

Red Tricycle Madarao

TEL 070-4037-7107 **OPEN** $16:00 \sim 23:45$

LET THE GOOD TIMES ROLL AT RED TRICYCLE!

Madarao's go-to for vibrant Mexican flavors, good tunes, and unforgettable vibes.

From tacos and the best guac around to margaritas and late-night laughs with friends & family, it's the ultimate apres and dinner spot to eat, drink, and celebrate an epic day in the deepest powder.

"POWDER, TACOS, GOOD TIMES, REPEAT"















Bar, Food MAP B-2

Annex Aburaya

アネックスアブラヤ

Reservation is poss TEL 0269-64-3664 OPEN 昼は不定期、夜は 16:30 ~ 21:00

Credit card OK

ゲレンデサイドにあり日本食を中心に麺類、セット、アラカ ルトなど多彩なメニューが楽しめます。唐揚げ、焼鳥、とん かつが人気。ワイン、地酒、生ビールに合う居酒屋風メニュ ーもご用意しています。ヴィーガンメニューなども対応可。

Located on the ski slope side, we offer a variety of menus, mainly Japanese, including noodles, set meals, and a la carte. You can enjoy it. yakitori, pork cutlet, and fried chicken are popular. Izakaya that goes well with wine, local sake, and draft beer We also have a restaurant-style menu. Vegan options are available upon request.







Bar & Dining MAP B-2

Snowball Chalet スノーボールシャレー

WhatsApp +81 090 4595 1999 Credit card OK OPEN 4pm-7pm, Closed Tue/Wed No bookings required.

暖炉のぬくもりに包まれながら、美味しい料理とドリ ンク、心地よい音楽に癒されるひとときを。和のタパスや寿司、シャルキュトリーなど、多彩な一皿を味わいながら、厳選されたワイン、ウイスキー、日本酒、ス ピリッツ、カクテルをゆったりとお楽しみください。

Relax by the fire in our cosy lounge enjoying gourmet food, drinks and great music. Indulge in Japanese tapas, sushi and charcuterie delights, while enjoying fine wines, whisky, sake, spirits and cocktails. No bookings required.









Tom's Kitchen トムズ キッチン **OPEN** 18:00-21:00

Credit card OK





タコス (豚・牛のコンフィのタコス) / ラーメン / バ ッファローウィング等

Tacos (Pork and Beef confit tacos) / Japanese Ramen / Buffalo Wings and more



Sakura 広島風お好み焼き さくら

TEL 0269-64-3113 日本語 / 英語可 OPEN 月曜定休 昼食 11:00 ~ 14:30 夕食 17:30 ~ 20:00(要予約)



斑尾高原スキー場入口から徒歩1分、北側の道路沿いの 人気お好み焼き店。おすすめはMIX玉。エビ、豚肉、チー ズなど、お好みの具材でトッピング可能。テイクアウトOK。

Please check our website for opening times and bookings.

https://www.sakura-okonomiyaki.com/ Hiroshima-style Okonomiyaki made to order right in front of you! Try our best-selling 'The Mix', or prawn, pork, and other toppings to customise your dish. Takeout available. Cash only. Closed on Mondays



LAINSTON レインストン TEL 0269-64-3511 OPEN 17:00-20:00 (ラストオーダー)

Japanese food, MA Shabu-shabu,Sukiyaki

日本の定番料理『しゃぶしゃぶ』・『すき焼き』・『とん かつ』を食べて温まって下さい 他にも日本食取り揃えてあります!ぜひ一度はお越しく ださいませ

Warm up with classic Japanese dishes like "Shabu-shabu," "Sukiyaki," and "Tonkatsu." We also have a wide selection of other Japanese dishes! Please come and visit us!



Japan Snowsports ジャパンスノースポーツ TEL 080-7754-0347

OPEN Tuesday and Saturday 6:30pm - 9:30pm

Fine Dine Restaurant MAP C-3

シェフが腕を振るったメディタリアン (地中海)料理を 地元のワイン、お酒をペアリングするのはいかがですか。全アレルギー、苦手な食材に対応しております。 Join our Mediterranean 6 course chef's menu cooked and paired with local produce around our big communal table. We can cater to all allergies and dietary requirements.

6-course dinner: ¥9,500 Wine pairing: ¥5,500 *Kids 10-13*: ¥7,500 Kids until 9: ¥5,000 or a ¥1,500 1-course kids meal e-mail: lodge@jpsnowsports.com Website: https://jpsnowsports.com/restaurant/

Instagram: @iapansnowsports Pick-up service available within Madarao/Tangram

