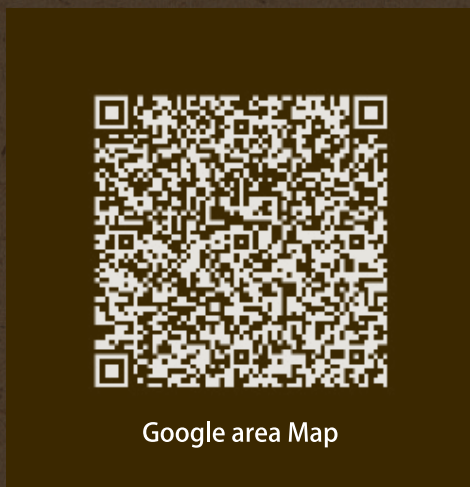


2024-2025

# MADARAO

RESTAURANT & SHOP GUIDE



Google area Map



## Japanese Barbecue, Shabu-shabu

MAP B-2

### DONGURI-TEI

Madarao Wagyu restaurant  
どんぐり亭

TEL 0269-64-3751  
OPEN 17:00-21:00  
(Open from 1/4 to 3/1)

"Authentic Japanese BBQ Experience" Discover the taste of Premium Wagyu Beef - A culinary journey through the best flavors of Japan. Welcome to Donguri tei. At Donguri tei, you can enjoy an unforgettable Japanese BBQ experience using the finest Wagyu beef and the best domestic beef. Enjoy the melting texture and exquisite flavor of our carefully selected beef, grilled to perfection at your table. Our Specialty Courses Premium Wagyu Beef Course (Premium Wagyu Beef Course) Experience the ultimate luxury of Wagyu beef with our Premium Wagyu Beef Course. Known for its perfect marbling and unparalleled tenderness, our Wagyu beef is raised on the best farms in Japan and raised with the utmost care. Every bite melts in your mouth and leaves you with a rich, flavorful taste that you will never forget.

Credit card OK  
Reservation Only  
Pick-up service

Price dinner  
・ Premium Wagyu beef BBQ course : ¥6,600 (Kid ¥5,600)  
・ Japanese beef BBQ course : ¥4,500 (Kid ¥3,500)  
・ Japanese beef Shabu-shabu course : ¥4,500 (Kid ¥3,500)  
\*Vegetarian guests can try the "Tofu BBQ". (¥3,500)

How to make a reservation

・ Web site:  ・ LINE app:   
・ Phone: +81269-64-3751



## Cafe, Bar, Pizza, Steak

MAP B-2

### Aki's Pub & Café

アキズ パブ&カフェ  
TEL 090-4461-7354  
OPEN 9:00-17:00

本格的なエスプレッソマシンによる、美味しいコーヒーを提供。ランチメニュー:ピザ各種、カレーライス、チップス、フライドチキン。日中はスクール・ツアーのオアシスになる。

We have Espresso machine you can drink Great Coffee here, Lunch menu : Pizza/ Curry rice/ Coffee/ Hot chocolate

Credit card OK



### Donguri tei Pizza

どんぐり亭ピザ

TEL 0269-64-3751  
OPEN Check the website for opening dates

Credit card OK  
Reservation Only

### Pizza

MAP B-2

どんぐり亭に併設する「焼製工房けむり」内に、テイクアウト&デリバリーのピザ屋がオープン。薪窯で焼いたピザをお届けします。

A takeout and delivery pizza shop has opened in the "Smoking Studio Kemuri" attached to Donguri-tei. We deliver pizza baked in a wood-fired oven.

Opening date, menu  
Website or TEL or LINE

## Sushi, Pub, Cuisine, Cafe

MAP B-2



### THE GREENHOUSE CAFÉ

グリーンハウス カフェ

TEL 0269-67-0374  
OPEN 17:00-21:00

Credit card OK

THE GREENHOUSE CAFEは、今年もシェフABEの評判の手作り寿司、餃子、バーガー、日本酒クラフトビール、エスプレッソコーヒー等、美味しい日本、オーストラリア料理をお楽しみください。

THE GREENHOUSE CAFE in Madarao Mountain Lodge Japanese Izakaya Style dining, Modern Australian Pub cuisine, Espresso Coffee, Craft Beer, The best food from Japan and Australia.



### Chill Madarao

チルマダラオ  
TEL 0269-67-0470  
OPEN 8am - Late  
(Dinner from 5:30pm; L.O. 8:30pm)

Credit card OK  
Reservation is possible

## Café · Bar · Restaurant

MAP B-2

Whether for your morning coffee, apres ski cocktails, or a delicious dinner, Chill Madarao has you covered. Perfectly located by the top of the No.1 lift, our baristas are serving Single-O coffee and treats from 8am. From 3pm, relax in our lounges as our bartenders deliver artisan cocktails using the freshest ingredients and premium spirits. In the evening, our kitchen utilises local seasonal produce to create a range of sumptuous dishes highlighting unique Japanese flavours, with plenty of options to suit various dietary requirements. Friendly service in a relaxed atmosphere, it's the perfect place to "Chill".



## Buffet style

MAP B-2

四季の素材を活かした和洋中のビュッフェが人気の斑尾高原ホテル・メインレストラン「ピエモンテ」。信州ならではの郷土料理も味わうことが出来る。ご利用には前日の予約が必要です。朝食は1,980円。夕食は4,500円。

The Madarao Kogen Hotel's main restaurant. The restaurant buffet includes local and seasonal dishes, as well as Western, Japanese, and Chinese cuisine. A reservation is required at least one day in advance. Breakfast is ¥1980, and dinner starts at ¥4500.

### Piemonte

斑尾高原ホテル ピエモンテ  
TEL 0269-64-3311  
OPEN 7:30-9:00・18:00-20:30 Closed irreg.

Credit card OK  
Need Reservation



### Snowball Chalet

スノーボールシャレー

TEL +81 90 4595 1999  
OPEN 4:30pm till 9:30pm

Credit card OK  
Pick-up service  
Reservation only

## Restaurant&Bar

MAP B-2

スノーボールダイニングで、心地よさと優雅さが融合する特別な夜をお楽しみください。厳選された日本のタピスメニューで贅沢なひとときを。暖炉のそばで、ウイスキー、日本酒、上質なワイン、そしてシングルチャージャーカクテルとともに、レコードの温かな音色に包まれながらお過ごしください。予約制ですので、お早めにご予約ください。

Join us for an exclusive night at Snowball Dining, where coziness meets elegance. Indulge in our carefully curated Japanese tapas menu, crafted to delight. Enjoy a selection of whisky, sake, and fine wines and our signature cocktails, all while relaxing by the fireplace to the warm tones of our record collection. Reservation-only, so book now.



## WARABI

和兔

OPEN 17:00~22:00 不定休

Credit card OK  
Reservation is possible

## Japanese Izakaya & Bar

MAP C-3

<2024年 OPEN>  
冬季限定的創作和食居酒屋。  
美味しい日本食と地酒をお楽しみください。  
ご予約はメールにて承ります。

E-mail: madarao.warabi@gmail.com  
※メニューは日によって変わる場合がございます。

Creative Japanese cuisine izakaya (winter only)  
Enjoy delicious Japanese food and local sake.  
Reservations can be made by email.  
E-mail: madarao.warabi@gmail.com  
\*Also available for use by people other than hotel guests.\*Menu may change depending on the day.

Dinner, Bar

All-day

Lunch, Tea

Ski Area Restaurants

Shop

## Restaurant&Bar

MAP C-2

### The Avenue at Chalet Madarao

アベニュー@シャレー斑尾

TEL 080-1155-4783 with Line and WhatsApp  
OPEN Business hours: 7:00~11:00, 12:00~late

Credit card OK

Pick-up service

・Reservation required: Reservation for dinner is possible but not required

Great coffee, café breakfast, lunch on the deck, après from 3pm and dinner from 5 - 9pm

The Avenue at Chalet Madarao Start your day with a perfect cup of coffee and our delicious cafe-style breakfast at The Avenue. Enjoy a speedy lunch with our sausage in a bread roll, inspired by the iconic Sundeck at Perisher. Join us for après from 3 pm to unwind, followed by a wholesome dinner with service beginning at 5 pm and last orders at 9 pm. Whether you're fueling up for the day or winding down after a day on the mountain, The Avenue at Chalet Madarao offers a relaxed atmosphere, arguably the best coffee on the mountain, an extensive range of drinks and great food.



# MENU

LUNCH: 11:30AM - 3PM DINNER: 5-8PM | BAR OPEN ALL DAY AND NIGHT

ENTREES		SOUP OF THE DAY		DESSERTS	
GYOZA 5 PCS	Y 500	SMALL	Y 500	FROZEN CHEESECAKE	Y 500
EDAMAME (V) (GF)	Y 500	LARGE	Y 1000	PANCAKES	Y 500
CHIPS (V) (GF)	Y 500	VEGGIE SOUP OF THE DAY + TOFU OR + CHICKEN		HOUSEMADE ICE CREAM (GF)	Y 500
FRIITTATA (V) (GF)	Y 500			CERTAIN FLAVOURS AVAILABLE	
				APPLE CRUMBLE	Y 500

CHICKEN SCHNITZEL		NABE (HOTPOT)		DRINKS	
MADE IN-HOUSE WITH CHIPS OR VEGETABLES (UPGRADE TO PANGRANA)	Y 500	POKE/CHICKEN (MINIMUM 2 PEOPLE)	Y 2000 PER PERSON	COCA-COLA	Y 250
		GLUTEN-FREE WITH RICE NOODLES		ORANGE JUICE	Y 250
		SHAKSHOUKA WITH EGGS AND/OR TOFU (V)	Y 1500 PER PERSON Y 2000 FOR TWO PPL	APPLE JUICE	Y 250
		SPAGHETTI (PESTO (V) NADELIFRANS (V) RIZOCCHITTE CHICKEN CARBONARA)		PINEAPPLE JUICE	Y 250
		CHIPS & NUGGETS		RED BULL	Y 400
				TEA	Y 300
				HOT CHOCOLATE	Y 300
				LONG BLACK	Y 350
				LATTE	Y 350
				CAPPUCINO	Y 450
				FLAT WHITE	Y 450
				PICCOLO	Y 150
				ESPRESSO	Y 150

V = VEGETARIAN  
GF = GLUTEN-FREE

## Restaurant&Bar

MAP D-4

### Echoland Madarao

エコーランド斑尾

TEL 080-4806-9348

OPEN 18:00~21:00(Restaurant),  
18:00~23:00(Bar)

予約: 水曜日の寿司・刺身 Omakase は前日までに予約が必要、それ以外は予約不要

Credit card OK  
 Pick-up service

オーナーTakashiは東京寿司アカデミー出身で、毎週水曜日にOmakase (4,980円)を提供(要前日予約)。女将Echoのタピオカティー(598円)やスイーツ(298円)は好評で、デリバリー可能。日替わりメニューにはラーメン(680円)やパスタ(780円)があり、毎週土曜日夜8時にはピアノライブを開催(ドリンク付き入場料500円)。

Owner Takashi, a Tokyo Sushi Academy graduate, offers Omakase (4,980 JPY) every Wednesday (reservation required by the day before). Echo's bubble teas, 珍珠奶茶 (from 598 JPY) and sweets (from 298 JPY) are popular and available for delivery. Daily specials include ramen (from 680 JPY) and pasta (from 780 JPY). Every Saturday at 8 PM, enjoy a live piano performance (500 JPY entry fee with a drink included).  
Languages: English, Mandarin, Cantonese  
Contact:  
• WhatsApp/LINE : +818048069348  
• 小红书 / 微信 : wasedaboy  
• Instagram/TikTok/YouTube : takashi\_1382



### MISTER DARUMA

ミスターダルマ

TEL 080-7368-0287

OPEN 11:30-2:00 3:00-Midnight  
(Lunch Closed Irregular check instagram)

Credit card OK  
 Reservation is possible

## Restaurant&Bar

MAP B-2

おいしい手作り居酒屋料理はいかがですか?山で思いっきり楽しんだ後はランチ、アフ、ディナーにお越しください!ダルマでは、夜更けまで音楽とおいしいお酒をお楽しみいただけます。予約は左記のQRコードよりお願いします。

Hungry for delicious Japanese classics and more? Come join us for Lunch, Apres, Dinner and maybe a late night boogie? Great selection of drinks with local sake, Japanese spirits and specialty cocktails. Plenty of options if you have dietary requirements. Cozy vibes with vinyl spinning on the decks all night. Follow the QR code to our booking system and secure a place for our set menu or try your luck walking in! Happy hours and events posted on instagram!

## Bar&Food

MAP B-3

Fun times as always at Smokies Bar! This season we will be serving up nourishing and delicious meals at Smokies Food Safari for our POW visitors each evening. Bookings are much appreciated through our Instagram. Sri Lankan Chicken Curry and Miso sesame fries are house staples plus a revolving menu of wholesome goodness and Japanese classics. Apres' Ski (Happy Hour) from four. Open til late. Open mic/ trivia nights and DJs after 10pm. Look out for announcements. Check out our Instagram for more.



### Smokies Bar

スモーキーズバー

OPEN 4pm til late



### UNJAUNE

あんじゃね

OPEN 11:00-Late Night

Credit card OK

## Burger,Bar

MAP B-2

「The BURGER BAR」にこだわり尽くした食材でのハンバーガーが味わえる。お客様への心地良い空間づくりをスタッフ一同も考えています。ランチからナイトライブまで、あなたの斑尾トリップでの最高の場所の一つになるよう努めます。

Madarao's premier burger bar serving the biggest gourmet burgers made with only the freshest of ingredients! All are hand crafted down to our house made patties and sauces. Vegetarian, pescatarian and vegan options available, all this is accompanied by the tastiest drinks in a fun friendly environment. From 9 the lights go down and the music goes up! So join us for a night of amazing food and a drinking game or two! See you soon party people!



### MADARAO LOUNGE

斑尾高原ラウンジ

OPEN 10:00~17:00

Credit card OK

## Cafe Bar & Food

MAP B-2

斑尾高原ホテルのエントランスから入ってすぐ。斑尾山が一望できるマウンテンビューラウンジ。暖炉を囲みながら、ゆっくりくつろげる。 ※冬季シーズンはレストランルドルフが運営します。最新情報は Instagram(@madarao.lounge) をご確認ください。

Immediately after entering from the entrance of Madarao Kogen Hotel. A mountain view lounge with a panoramic view of Mt. Madarao. Relax and relax around the fireplace. \*Restaurant Rudolf operates during the winter season. Please check Instagram (@madarao.lounge) for the latest information.



### Jazzy

レストラン・バー Jazzy

TEL 0269-64-3767

OPEN 11:30-14:00-17:30-21:00 Closed irreg.

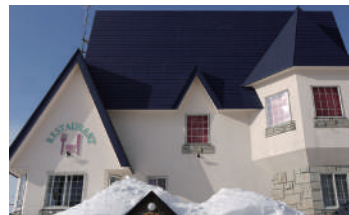
Reservation is possible

## Steak, Curry, Yakitori

MAP B-2

ジャズが聞こえるカジュアルレストラン・バー。英語は得意ではありませんが、ワイン・ウィスキー・ビールと多彩なフードメニューはリーズナブルな価格で美味しいと人気です。お会計は現金のみです。当日予約は可能です。

Payment is cash only. Reservations will be made on the same day only and will be closed on irregular days. I'm not good at English. Wine, whiskey, beer and various food menus are popular at reasonable prices and delicious. A casual restaurant / bar where you can hear jazz.



### Annex Aburaya

アネックスアブラヤ

TEL 0269-64-3664

OPEN 昼は不定期、夜は 16:30 ~ 21:00

Credit card OK  
 Reservation is possible

## Bar, Food

MAP B-2

ゲレンデサイドにあり、日本食を中心に麺類、定食、アラカルトなど多彩なメニューが楽しめます。焼肉、とんかつ、唐揚げが人気。ワイン、地酒、生ビールに合う居酒屋風メニューもご用意しています

Located on the ski slope side, we offer a variety of menus, mainly Japanese, including noodles, set meals, and a la carte. You can enjoy it. Yakiniku, pork outlet, and fried chicken are popular. Izakaya that goes well with wine, local sake, and draft beer We also have a restaurant-style menu.

**Japanese food, Bar**  
MAP B-2

**Japanese Restaurant**  
**Izakaya Brian**

ジャパニーズレストラン(居酒屋)ブライアン  
TEL 080-9346-7539 Credit card OK  
OPEN 11:00~15:00, 17:00~21:00 Need Reservation

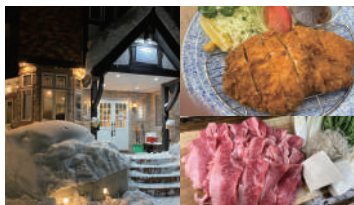
斑尾高原ホテル内にあり本格ラーメンも楽しめる  
ジャパニーズレストラン(居酒屋)ブライアン! 博多どん  
こつラーメン、めん井、うな井、カツカレー、タコ焼き、  
信州そば。その他豊富な居酒屋メニューも魅力。

Brian is a Japanese restaurant (izakaya) located  
inside the Madarao Kogen Hotel where you can  
enjoy authentic ramen! Hakata tonkotsu ramen,  
tendon, eel bowl, cutlet curry, takoyaki, and Shinshu  
soba. The extensive izakaya menu is also attractive.



**Alpha "Live Café"** booking welcome with notice  
アルファライブカフェ Some Take-out available  
TEL 080-9540-9918  
OPEN Lunch 11:30 - 2:30 Dinner: 5:00 - 8:30 with last orders 8:00 - Party

**Restaurant&Bar** MAP C-3  
Alpha "Live Café" is a place to relax in a warm and friendly  
atmosphere for lunch and dinner. We have great coffee and  
serve a mixture of cuisine from around the world including Thai,  
Italian and of course Japanese Izakaya and more. You can  
find your favourite drinks plus local craft beer and popular  
Japanese beer here at the bar. The spacious and cozy dining  
room has a big TV screen which you can enjoy cool  
ski/snowboarding videos, etc. The owner of "Live Café" Pete, is  
from Australia and is also a musician. He does gigs himself with  
other musicians occasionally and it might be a lucky night to  
see them perform for you, and if you are into Karaoke we have it  
all. There are instruments as well so if you are a musician, you  
are welcome and can also join in the gig! ALC surely brings you  
an uplifting vibe and you will have a great time! See you at  
ALC, お待ちしています! Omachi-shiteimasai! ありがとう! Arigato!



**LAINSTON** Credit card OK  
レインストン Reservation only  
TEL 0269-64-3511  
OPEN 17:00-20:00 (ラストオーダー)

**Japanese food, Shabu-shabu, Sukiyaki** MAP C-2  
日本の定番料理「しゃぶしゃぶ」・「すき焼き」・「とん  
かつ」を食べて温まって下さい  
他にも日本食取り揃えてありますぜひ一度はお越し  
くださいませ



**Rudolf** Credit card OK  
レストラン ルドルフ  
TEL 0269-64-3153  
OPEN 17:30~20:30Lo(不定休)

**Pizza, Japanese** MAP C-2  
営業24年目。標高1000mの薪窯ピザ屋。斑尾の水で練り上げ  
た生地に自家製トマトソースを使ったピザがオススメ。ピザ  
¥1700~、サイドメニュー¥500~。ドリンクや手作りデザートも  
豊富。ご予約はホームページへ。※今年の冬シーズンはラン  
チタイムの営業を行いません。営業時間は17:30~21:00です。  
24rd year in business. A wood-fired pizza shop  
located at an altitude of 1000m. We recommend the  
pizza made with homemade tomato sauce made with  
Madarao water. Pizza starts from ¥1,700, side menus  
start from ¥500, and there are plenty of drinks and  
homemade desserts. We will not be open for lunch  
this winter season. Business hours are 17:30-21:00.



**Sakura**  
広島風お好み焼き さくら  
TEL 0269-64-3113  
OPEN 11:00-15:00

**Okonomiyaki** MAP C-2  
広島出身のご夫婦が目の前で焼いてくれる広島風  
お好み焼きを味わえるお店。ボリューム満点のミン  
クス玉(1,200円)が一番人気。肉玉、えび玉は各  
900円。焼そば850円。お会計は現金のみ。  
Hiroshima-style okonomiyaki (Japanese  
savory stir-fry pancake) made as you watch!  
The mixed ingredients okonomiyaki(¥1,200) is  
a best-seller, as are pork (¥900) and shrimp  
(¥900) options. Yakisoba is also available  
(¥850). Payment is cash.



**Yuki's BARu** Credit card OK  
ユキバル Reservation Only  
TEL 080-8123-4131 Pick-up service  
OPEN 木曜限定営業6:00pm - 8:30pm(Thursday only)

**Restaurant&Bar** MAP C-3  
「日本のお酒」(焼酎、日本酒、日本ワイン他)に合うお  
つまみと「おにぎり」をご用意してお待ちしております。  
コース料理もご用意できます。食材は国産を基本的  
に使用し、添加物を極力使用しません。  
At Yuki's BARu, we value seasonal products. We serve a  
course menu with Japanese tapas and onigiri that go well  
with Japanese drinks (shochu, sake, Japanese wine, etc.).  
Ingredients are basically domestically produced and additives  
are used as little as possible. Reservation only.  
Price 5-course menu: ¥5,500 Price drink pairing: ¥3,500  
Kids until 9: ¥3,000 or a ¥1,000 1-course kids meal  
Kids 10-13: ¥4,500  
e-mail: yukibaru196@outlook.com  
Instagram: @yukibaru196



**Japan Snowsports** Credit card OK  
ジャパンスノースポーツ Pick-up service  
TEL 080-7754-0347 Reservation only  
OPEN Tuesday and Saturday 6:30pm - 9:30pm

**Fine Dine Restaurant** MAP C-3  
シェフが腕を振ったメディタリアン(地中海)料理を  
地元のワイン、お酒をペアリングするのはいかがです  
か。全アレルギー、苦手な食材に対応しております。  
Join our Mediterranean chef's menu cooked and  
paired with local produce around our big  
communal table. We can cater to all allergies  
and dietary requirements.  
Price dinner: ¥8,500  
Price wine pairing: ¥4,500  
Kids until 9: ¥4,500 or a ¥1,000 1-course kids  
meal  
Kids 10-13: ¥6,500  
e-mail: lodge@jpsnowsports.com  
Instagram: @japansnowsports



**End bar @ Hotel Madarao** Credit card OK  
エンドバー@ホテル斑尾 Reservation is possible  
TEL 080-7709-9630 Pick-up service  
OPEN 16:00 ~ till late  
Happy hour 17~18:00, 21~22:00

**Café Bar&Food** MAP C-3  
午後からはウェスタンスタイルの美味しい食事とお  
手頃なお酒をどうぞ。心地よいウッドキャビン  
に包まれたエンドバーで、ライブ音楽を聴きながら滑  
り疲れた身体を癒しましょう。  
Relax into the afternoon with live music; hot  
comforting meals and cheap drinks. With the  
atmosphere of a cosy wood cabin, End Bar is the  
perfect way to unwind and socialise after a hard  
day's shred. Come join us for some Shot-ski, Jäger  
trains and weekly competitions. "What a way to end  
the day" Pizza / Burger / Bar Snacks / Mains from  
¥600



**Maroudo** Credit card OK  
宿と蕎麦処 まろうど Reservation Only  
TEL 0269-64-3768 Pick-up service  
OPEN 18:00-21:00(2024/12/20 ~ 2025/3/30)

**Japanese food, Sukiyaki (Chicken & Poke)** MAP B-3  
心が和む和食ダイニングです。ベジタリアン、グルテン  
フリーのお客様には別途食材と調味料もご用意して  
います。「鶏と豚肉のすき焼き」お子様にも食べやすい  
人気メニューです。一人前 4,500円 12歳以下は  
一人前 2,500円  
A Japanese dining room where you can relax.  
Separate ingredients and seasonings are  
available for vegetarian and gluten-free  
customers. "Chicken & Pork Sukiyaki" is a popular  
menu that is easy for children to eat.  
Price includes tax: 4,500 yen for adults; 2,500  
yen for children under 12 years old



## THE SUNDECK MADARAO

サンデッキ斑尾  
OPEN 9:00-19:00

Credit card OK

## Café Bar&Food

MAP B-2

第1リフトの目の前「Sundeck Madarao」では、山々を一望できるウッドデッキで毎日昼過ぎ頃よりライブ音楽やDJで盛り上がっています。Sundeck Madaraoのウェスタンスタイルの朝食やエスプレッソマシンを使ったコーヒーで腹ごしらえをしましょう。昼も夜も食事、コーヒー、お酒を召し上がれます。

A snowballs throw from the no 1 lift, Sundeck hosts a bustling après scene with an array of live musicians and DJ performances that spill out and resonate onto the cosy wooden deck in full view of the mountains glory. Start your morning right with our range of wholesome early-bird breakfast specials, freshly baked goods and barista coffee. If you need to seek refuge from sinking in the powder, come sink some drinks instead. Grab a big bite and kick up the heels.



## The Drop Off Bar

ザ・ドロップオフバー

TEL 080-9540-9918

OPEN 8:30 - every day - Till Late

Credit card OK

Reservation is possible

## Café Bar&Food

MAP B-2

The Drop Off Bar is a cosy, warm little Bar-Restaurant, offering Thai, Italian & Mexican meals along with our tasty Izakaya share plates, yummy Aussie meat pies & Panini. We have been a favourite haunt for diners to enjoy their snowy holiday meals since 2017. Offering lunch and dinner, the coldest Asahi beer, Chu Hai & Nikka highball on tap along with a great range of spirits and wines. Located right in the heart of Restaurant Street. We also have seating upstairs.

Action Snow Sports share the building throughout the day for ski and snowboard lessons.



## Blubird Snowsports

ブルーバードスノースポーツ

TEL 07041722381 with Line and WhatsApp

OPEN 7:00~19:00

Credit card OK

## Cafe

MAP B-2

ブルーバード スノースポーツでは、完璧なコーヒーとおいしいテイクアウトの朝食オプションで1日をスタートできます。帰り道には、ドーナツ、ホットチョコレート、食べ物に不耐症や好みがある人向けのスープなど、身体を温めるオプションを用意しておきましょう。ブルーバード スノースポーツでは、ゲレンデへの行き帰りに最高のコーヒーとホットチョコレートを提供しています。スノースポーツのレッスンやパウダースキーのレンタルを予約するにはお立ち寄りください。

Start your day with a perfect cup of coffee and our delicious take away breakfast options at Blubird Snowsports. On the way home get some body warming options including donuts, hot chocolate and soup for those with food intolerances and preferences. Blubird Snowsports offers arguably the best coffee and hot chocolate available as you walk to and from the slopes. Drop in to book Snowsports lessons and powder ski rentals.



## F-1 Market

エフワンマーケット

TEL 0269-64-3003

OPEN 10:00-21:00

Credit card OK

## Souvenir shop

MAP C-3

メイン通りに建つ土産店。斑尾高原のオリジナル商品を多数取り揃えている(Tシャツ、バンダナ、手ぬぐい、マグカップ、キーホルダー、暖簾、ステッカー等)。冬季のみコンビニもオープン。

A souvenir shop to be built on the main street. Madarao original items are available in large numbers. (T-shirt, bandana, towel, mug, key ring, goodwill, sticker etc.) Convenience stores open only in winter.



## Restaurant Monail

レストランモンエール

TEL 080-5193-8066

080-5407-4770

OPEN 10:00~14:00, 18:00~21:00

## Japanese food, Restaurant

MAP A-2

日替わり夕食 和食会席料理は要予約。

当日は3pmまでご連絡を下さい。

フレッドインクリームシチュー or ビーフシチュー

(フルーツとデザート付) ¥3000

ドライカレー (デザート付) ¥2000

ピラフ (デザート付) ¥2000

シーフードスープパスタ (デザート付) ¥2000

ミートソースパスタ (デザート付)

クロワッサンアイススクリーム ¥500

和食会席 10品 ¥6000

和食会席は日替わりでお出しいたします。

Japanese food set Daily special Reservation made by 3pm on the day.



## Trois Cinq

レストランワサンク

TEL 0269-64-3835

OPEN 10:00-15:00

## Ski Area Restaurants

MAP B-1

食事メニューをオーダーすると、自家製ケーキやフライドポテト、ワインなど7~8種類の中から好きなものを無料でチョイスできるサービスが好評。信州りんごを煮込んだ自家製カレーライスにとろとろ熱々のチーズをたっぷりかけた「とろとろチーズカレー」などが人気。

With every order, choose from homemade cake, French fries, wine, or other delicious items for free! The most popular menu is the homemade apple curry rice with melted hot cheese and more!



## AKI'S BURGER in Tirol

アキズバーガーインチロル

TEL 090-4461-7354

OPEN 11:30-14:30

Credit card OK

## Ski Area Restaurants

MAP B-1

アンガスビーフを100%使用したジューシーパティとチーズのダブルチーズバーガーがおすすめ。ソファスペースでゆっくりとした時間をお楽しみ頂けます。

メニューはハンバーガー各種・チप्ス・飲み物

We recommended using 100% Angus Beef Double Cheese Burger. Good to eat Burger and Beer!



## Heidi

レストランハイジ

TEL 0269-64-3311

OPEN 9:00-16:00 (LO15:30)

Credit card OK

## Ski Area Restaurants

MAP B-1

席数600とスキー場内で一番大きなレストラン。様々なニーズに対応出来る多種多様なメニューが特徴。ビーフカレー、きのこのクリームパスタ、ソースカツ丼など人気。クレープやコーヒーのファンも多い。ゲレンデベースにあるので、待ち合わせにも最適。

With 600 seats, it's Madarao's largest restaurant. A wide range of meal options guarantee something for everyone. Beef Curry, mushroom cream pasta, crepes, etc.

Let's speak Japanese!



I have a reservation.  
My name is ●●●.

↳ 「Yoyaku Wo shimashita ●●● desu.」

(予約をしました●●●です。)

What do you recommend?

↳ 「Osusume Wa Nandesuka.」

(おすすめは何ですか?)



Excuse me. Would you take our (my) order, please?

↳ 「Chumon Wo Onegaishimasu.」

(注文をお願いします。)

Can I get a glass of water, please?

↳ 「Omizu Wo Kudasai.」

(お水をください。)

May I have the check, please.

↳ 「Okaikei Wo Onegaishimasu.」

(お会計をお願いします。)

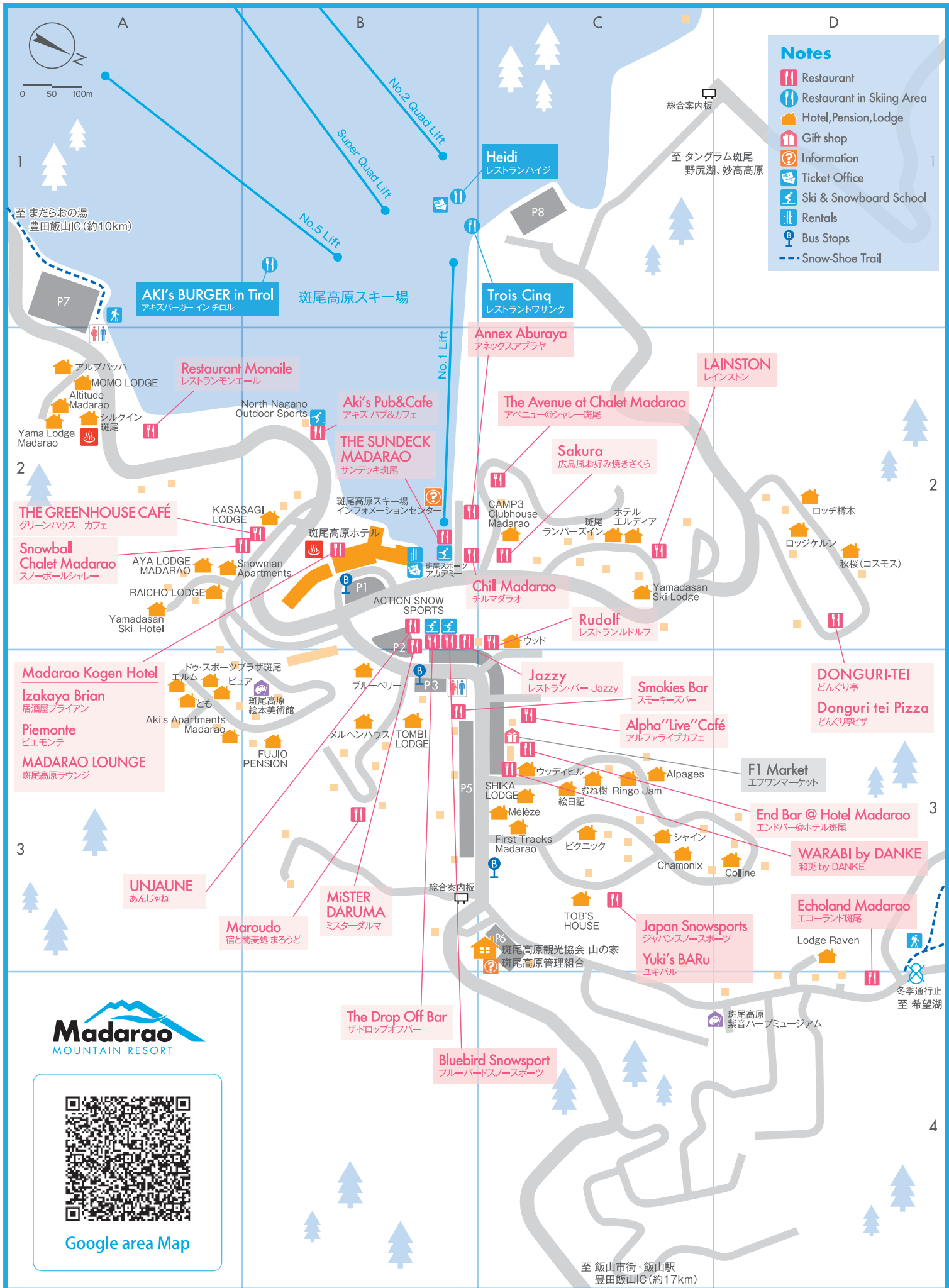


It was delicious, thank you.

↳ 「Oisikattadesu. Arigato.」

(おいしかったです。ありがとう。)

# MADARAO AREA MAP



## Notes

- Restaurant
- Restaurant in Skiing Area
- Hotel, Pension, Lodge
- Gift shop
- Information
- Ticket Office
- Ski & Snowboard School
- Rentals
- Bus Stops
- Snow-Shoe Trail

**Madarao**  
MOUNTAIN RESORT



Google area Map

至 飯山市街・飯山駅 豊田飯山IC (約17km)

至 までらおの湯 豊田飯山IC (約10km)

総合案内板  
至 タンクラム斑尾 野尻湖、妙高高原

冬季通行止 至 希望湖

斑尾高原 紫音ハーブミュージアム

斑尾高原観光協会 山の家 斑尾高原管理組合